



*Falling in love.*



*Staying in love.*

*How does this happen?*

*Celebrate strengths*

*Communicate better*

*Plan for future growth*

*Feel good about your relationship*

*Use conflicts creatively*

*Spend time together*

Marriage is hard work. That's no secret. But many couples never realize they can have a marriage that far exceeds their expectations. *Building to Last* is a weekend getaway designed to help married couples develop the tools they need to build and maintain a dynamic, intimate, loving relationship that will last a lifetime. There's no greater investment you can make than an investment into your marriage.

# Building TO Last

*Marriage Enrichment Weekend*

Friday through Sunday,  
October 25-27

in St. Michael's, MD,

or

November 22-24

at Rehoboth Beach, DE.

The cost is \$200 per couple and includes all materials, lodging, continental breakfast on Saturday and Sunday and dinner on Saturday.

This is an intimate retreat with room for only eleven couples. See back for registration information.

*"When I first agreed to join a group looking into the way they feel about their marriages and where they were at, I didn't quite know what I felt or expected out of it. But, after going through these days I can truthfully say it has been a very rewarding experience. It gave us insight into our marriage and how we can make it better."*

*-Building To Last attendee*

*"I am happy we decided to come and I do hope and pray to develop a firmer relationship with my husband with the tools we were given to work with."*

*-Building To Last attendee*



*Meet Doug and Barb Stiegler, Building to Last facilitators. They have been helping couples maximize their relationships since 1980 through personal retreats, conferences and couple mentoring.*



# Building TO *Last*

*Marriage Enrichment Weekend*

## REGISTRATION

To register, call Doug and Barb Stiegler at 410-922-0712.

✦ For the October 25-27 *Building To Last*,  
\$100 deposit due by September 25.

For the November 22-24 *Building To Last*,  
\$100 deposit due by October 22.

Make checks payable to:  
Doug & Barb Stiegler  
3542 Hernwood Road  
Woodstock, MD 21163

Host your own *Building to Last* Marriage Enrichment weekend.  
Contact the Stiegler's for details.